

“Opportunities in a Time of Crisis: The Role of the Family”

Family therapy & homeopathy



A systemic view of clinical cases



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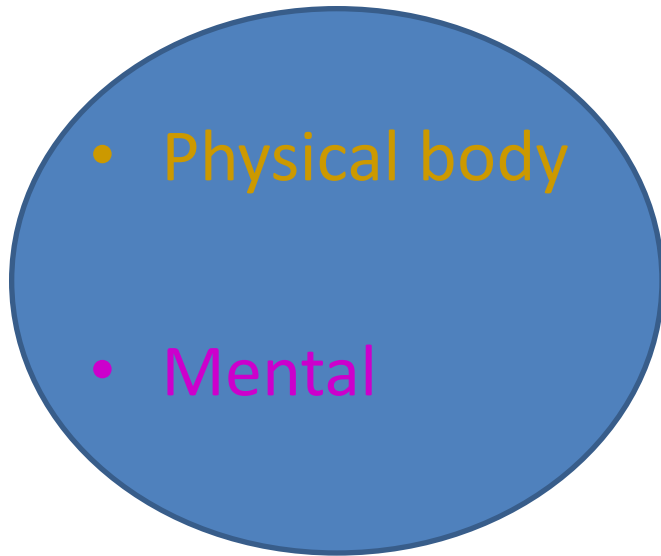
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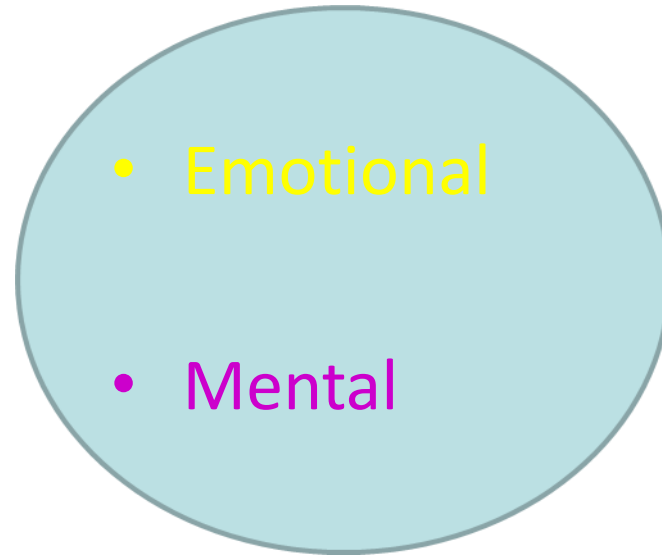
Human structure 3D/professional focus¹

- from the homeopathic point of view 3D



- Emotional

- From psychology point

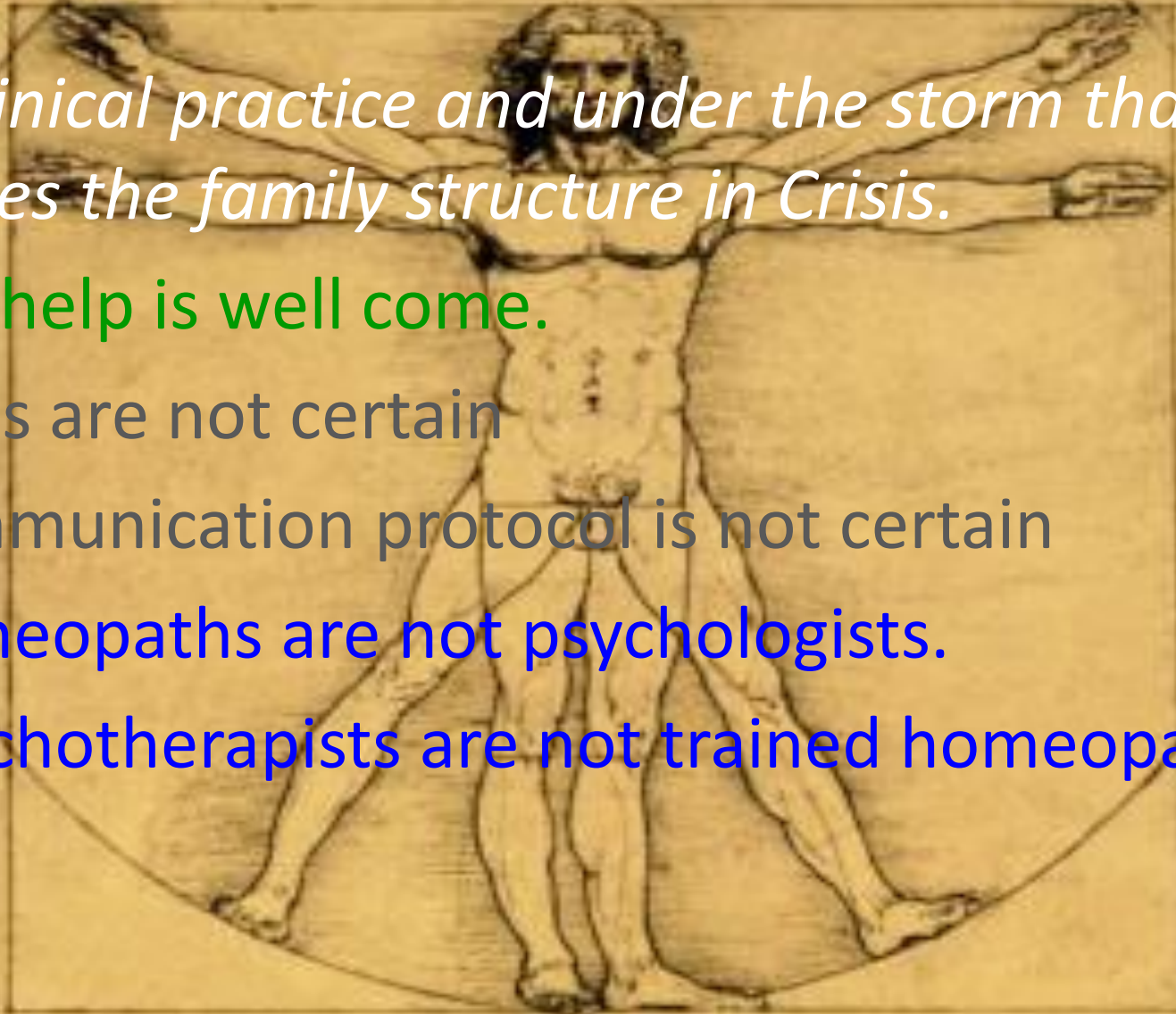


- Physical body

Still we talk of **one** person

In clinical practice and under the storm that strikes the family structure in Crisis.

- Any help is well come.
- Rules are not certain
- Communication protocol is not certain
- Homeopaths are not psychologists.
- Psychotherapists are not trained homeopaths.



Case 1

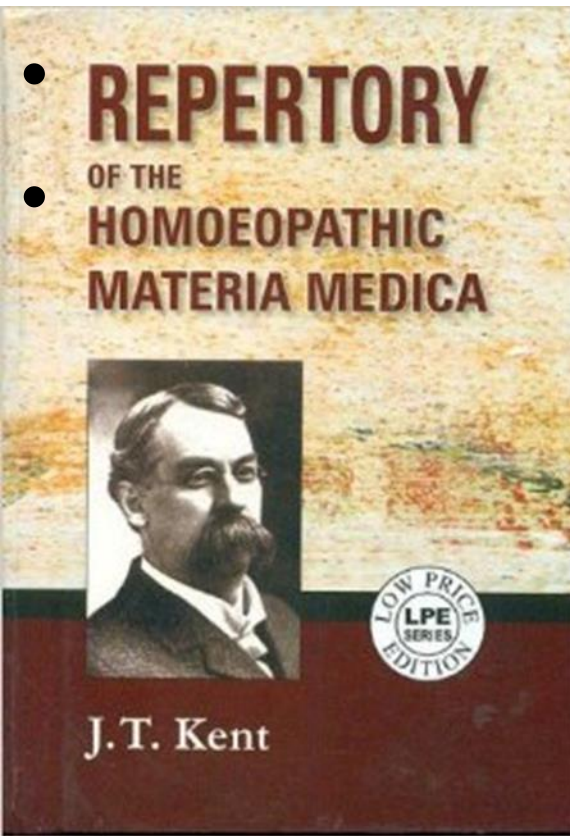
- Female age 31Y. W:58kg/H:165 single.
Medical history:
- **Main complain: Condylomata-HPV**
- Unable to drive alone, use public transport, walk in narrow places.
- weekly consultations with two psychologists to this point. (started 9 years ago)

First remedy-Open a case

- Repertory

Homeopathic software

complex devices



First consultation 17th January 2013- symptoms login

Results Differential Analysis Differential Analysis +

Symptoms

+ Add Symptoms - Delete Symptoms Other options




| Symptom | (No sort) | Degree |
|---|-----------|--------|
| 1. ▶ MIND - INSECURITY, mental | | 2 |
| 2. ▶ MIND - ANXIETY - health, about | | 2 |
| 3. ▶ MIND - MANIPULATIVE | | 3 |
| 4. ▶ MIND - FEAR - alone, of being | | 2 |
| 5. ▶ MIND - FEAR - alone, of being - night | | 2 |
| 6. ▶ MIND - FEAR - high places | | 2 |
| 7. ▶ MIND - FEAR - insanity, of | | 3 |
| 8. ▶ MIND - FEAR - death, of | | 2 |
| 9. ▶ MIND - FEAR - undertaking anything | | 2 |
| 10. ▶ MIND - CLEANNESS - mania for | | 2 |
| 11. ▶ MIND - WASHING - desire to - always washing her hands | | 2 |
| 12. ▶ MIND - DISGUST | | 2 |

Results Differential Analysis Differential Analysis +

Symptoms

+ Add Symptoms - Delete Symptoms Other options

| Symptom | (No sort) | Degree |
|--|-----------|--------|
| 12. ▶ MIND - DISGUST | | 2 |
| 13. ▶ MIND - CENSORIOUS, critical | | 2 |
| 14. ▶ MIND - THEORIZING | | 2 |
| 15. ▶ MIND - FORGETFUL | | 3 |
| 16. ▶ GENITALIA-FEMALE - SEXUAL desire - increased | | 1 |
| 17. ▶ GENITALIA-FEMALE - CONDYLOMATA | | 2 |
| 18. ▶ GENITALIA-FEMALE - PAIN - Vagina - coition, during | | 2 |
| 19. ▶ GENERALITIES - SEASHORE, at the - amel. | | 3 |
| 20. ▶ HEARING - ILLUSIONS | | 2 |
| 21. ▶ MIND - FEAR - robbers, of | | 3 |
| 22. ▶ RESPIRATION - SIGHING | | 3 |
| 23. ▶ GENERALITIES - FOOD and DRINKS - meat - desire | | 2 |



17-1-2013 Medorhinum 200ch /4 times

crisis 26-1-13

- prior to crisis high stress levels felling helpless++ Desire to cut her veins+
- Numbness right head++, chest palpitation+++, difficulty in breathing air ++
- wet nose ++ dry mouth ++,
- eminent ideas ++ (and if I wanted..) Trapped sense++ feeling warm+ desire to run+
- New Data: visited 9Y ago in Mental health hospital prescribed with antidepressants - Bromazepam

7-2-2013 Reevaluation

Remedies

Symptoms & Case Notes

Proposed Remedies: All Large Small

| Remedy | Progress |
|------------------------------------|----------|
| + Sulphur | 100% |
| + Phosphorus | 100% |
| + Arsenicum album | 100% |
| + Pulsatilla (nigricans) pratensis | 100% |
| + Natrum muriaticum | 100% |
| + Calcarea carbonica | 100% |
| + Nux vomica | 100% |
| + Platinum metallicum | 100% |
| + Veratrum album | 100% |
| + Aurum metallicum | 100% |
| + Lycopodium clavatum | 100% |
| + Argentum nitricum | 100% |
| + Causticum | 100% |
| + Stramonium | 100% |
| + Graphites | 100% |
| + Cannabis indica | 100% |
| + Lachesis | 100% |

Proposed Large Remedies

1. Sulphur
2. Phosphorus
3. Arsenicum album
4. Pulsatilla (nigricans) pratensis
5. Natrum muriaticum

Proposed Small Remedies

1. Abies canadensis
2. Kali bromatum

The case is highly dependent on the following rubrics
STOMACH - APPETITE - increased (**Abies-c.**)

7:13 PM 9/9/2013

Case one-outcome

- Panic attacks ,fears and condylomata were the main issues finally pointed out by the patient
- Treating first the **physical** symptoms aggravated the **Mental** load, the panic attacks.
- As should be expected soon afterwards second remedy was prescribed to relief the mental unbalance (normally> month)
- One **month later** (8-3-12) third Remedy focused on fears and panics, psychotherapy helped her to move beyond...
- Homeopathic Treatment completed in April 2013 and psychotherapy is still required for this patient.

8-3-2013

Remedies [Print Prescription](#) Symptoms & Case Meta

Symptoms

| Symptom | Priority | Degree |
|---|----------|--------|
| 12. GENERAL WEAKNESS - arms - arms. | 2 | 2 |
| 13. HAND - SYMPATHETIC | 2 | 2 |
| 14. HAND - FEEL - happens, something, will | 2 | 2 |
| 15. HAND - PAINFUL | 2 | 2 |
| 16. HAND - GRIEF - ailments from | 2 | 2 |
| 17. HAND - THEORICIAN | 2 | 2 |
| 18. HAND - DROWSY | 1 | 1 |
| 19. HAND - FORWARD feeling | 1 | 1 |
| 20. HAND - EGOISM | 2 | 2 |
| 21. HAND - FEAR - accidents, of | 2 | 2 |
| 22. HAND - FORWARD feeling - beloved by his parents, spouse, friends, feeling of not being | 1 | 1 |
| 23. HAND - FEAR - earthquakes, of | 2 | 2 |
| 24. HAND - FEAR - thunderstorm, of | 2 | 2 |
| 25. HAND - DELUSIONS, hallucinations, fixations - people - behind him, some one is | 2 | 2 |
| 26. HAND - DELUSIONS, hallucinations, fixations - people - behind him, some one is - when walking - in the dark | 1 | 1 |
| 27. THROAT - MUCUS - greenish | 1 | 1 |
| 28. THROAT - MUCUS - morning | 1 | 1 |
| 29. EYE - LACHRYMATION | 2 | 2 |
| 30. HAND - SOFTEN | 2 | 2 |

Proposed Remedies:

All Large Small

| | |
|---|--------------------------|
| <input checked="" type="checkbox"/> Phosphorus | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Causticum | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Carcininum | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Arsenicum album | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Nux vomica | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Natrum muriaticum | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Calcarea carbonica | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Sulphur | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Calcanea phosphorica | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Pulvisilla (nigricans) prateris | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Platinum metallicum | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Argentum nitricum | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Lachesis | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Aurum metallicum | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Staphisagria | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Ignatia amara | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Sepia | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Tuberculinum bovinum | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Meconitinum | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Natrum carbonicum | <input type="checkbox"/> |

Proposed Large Remedies

1. Phosphorus
2. Causticum
3. Arsenicum album
4. Nux vomica
5. Natrum muriaticum

Proposed Small Remedies

1. Carcininum
2. Kali bromatum
3. Iantula aqua

The case is highly dependent on the following rubric:

Case two

- Male 42 Y, married W:70kg/H:180
- Medical history: Main complain Recurrent **Migraines** accompanied with nausea, vomiting, Diarrhea following weakness since 2002 with intensity and frequency rising to a pick at 2011 to 3 times a week non responding to homeopathy treatment.
- Many injuries
- 9-2011 Brainstem MRI report....

ΓΕΝΙΚΟ ΠΑΘΟΛΟΓΙΚΟ ΑΣΘΙΝΩΝ
«Ο ΕΥΑΓΓΕΛΙΣΜΟΣ»
ΤΜΗΜΑ ΙΑΤΡΙΚΩΝ ΑΠΕΙΚΟΝΙΣΕΩΝ (CT - MRI)
ΔΙΕΥΘΥΝΤΗΣ: Δ. ΧΟΝΔΡΟΣ

ΕΠΩΝΥΜΟ: [REDACTED]

ΟΝΟΜΑ: [REDACTED]

ΚΛΙΝΙΚΗ: [REDACTED]

ΗΜΕΡΟΜΗΝΙΑ: 7/9/11

Γ Ν Ω Μ Α Τ Ε Υ Σ Η

Μ.Ρ.Ι. Ε.Σ.Κ.Ε.Φ.Α.Ν.Ν.Ι. + C.T.

Εστια περιοχή διαμέτρου 0,5cm με αυξημένη
έκταση περιφερειακά ελαφρώς ασαφές
Η α λόγω της εμφάνισης χαμηλού σήματος
το σήμα στο T₂ αυδαδίων, υψηλό στο T₂
αυδαδίων χηρό να διακριθεί από FLAIR
ενά πλά με χηρόσημο παραρτηριακού οσίου
προσέλευση από κέντρο. Το κέντρο το κέντρο
της αυδαδίων σε αγγειακή διακλάση.
Διακρίνεται μία αυδαδίων έστια περι-
φερειακά από το κέντρο κεντρικά κεντρικά
και τον περιφερειακά
Προσέλευση αυδαδίων κεντρικά κεντρικά
Υπερβολική του οσίου με κέντρο κεντρικά
κέντρο.
Παχύδεννο κέντρο κέντρο κέντρο
και κέντρο κέντρο

Vascular Dysplasia
0.5cm in brain stem



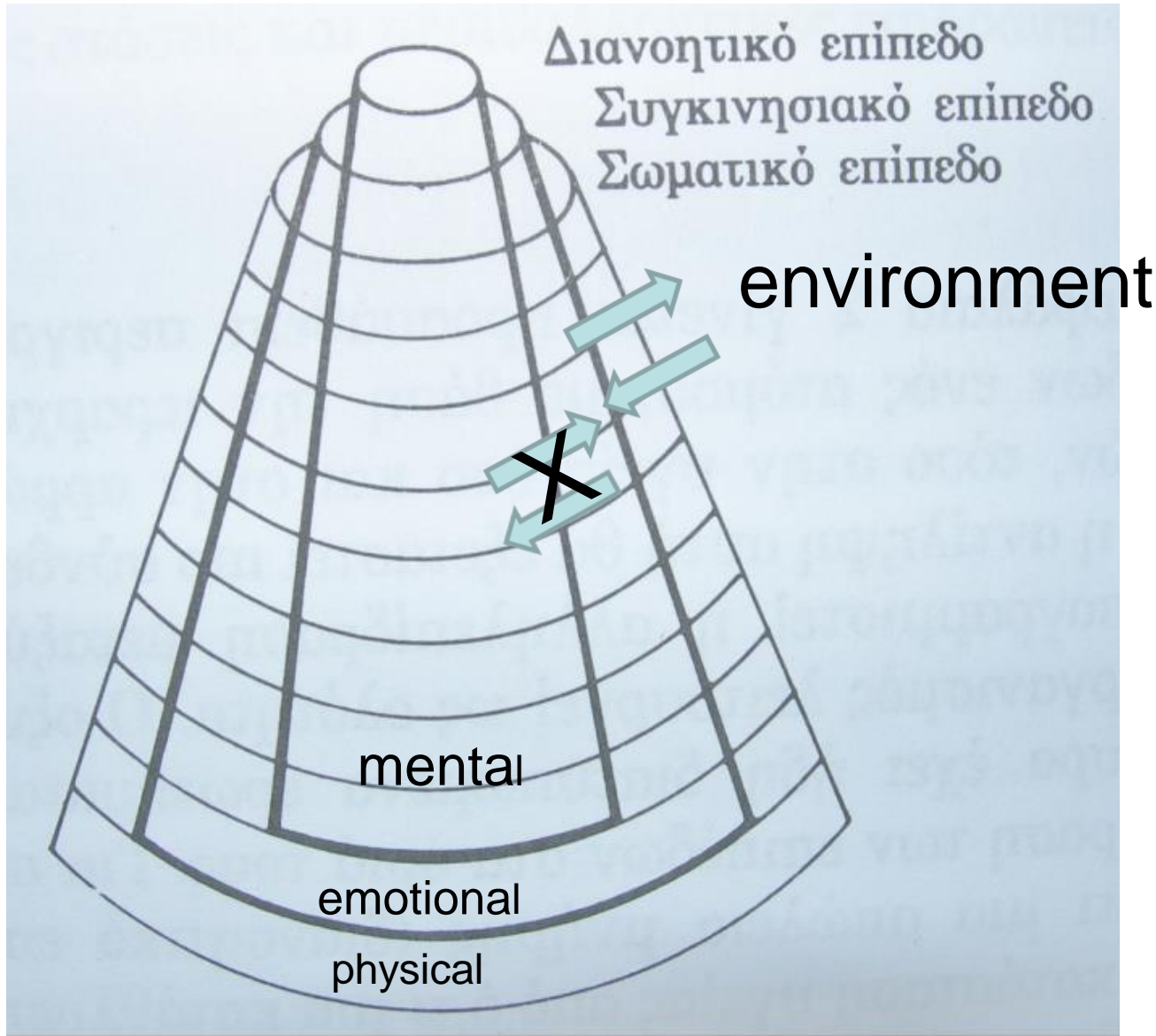
2011-2013 symptoms

- Monthly prescribing -non responding
- 6-7-2012 Tuberculinum
- 27-9-12 Arg-Nitricum 200/1M
- 20-12-12 Ignatia 1M
- 26-3-13 Bryonia 200ch/1M (cough)
- 3-5-13 sulph 1M/10M
- 2-8-13 phosp 200ch/1M (cough)
- 29-9-13 sulph.200/1M/10M

Case two-outcome

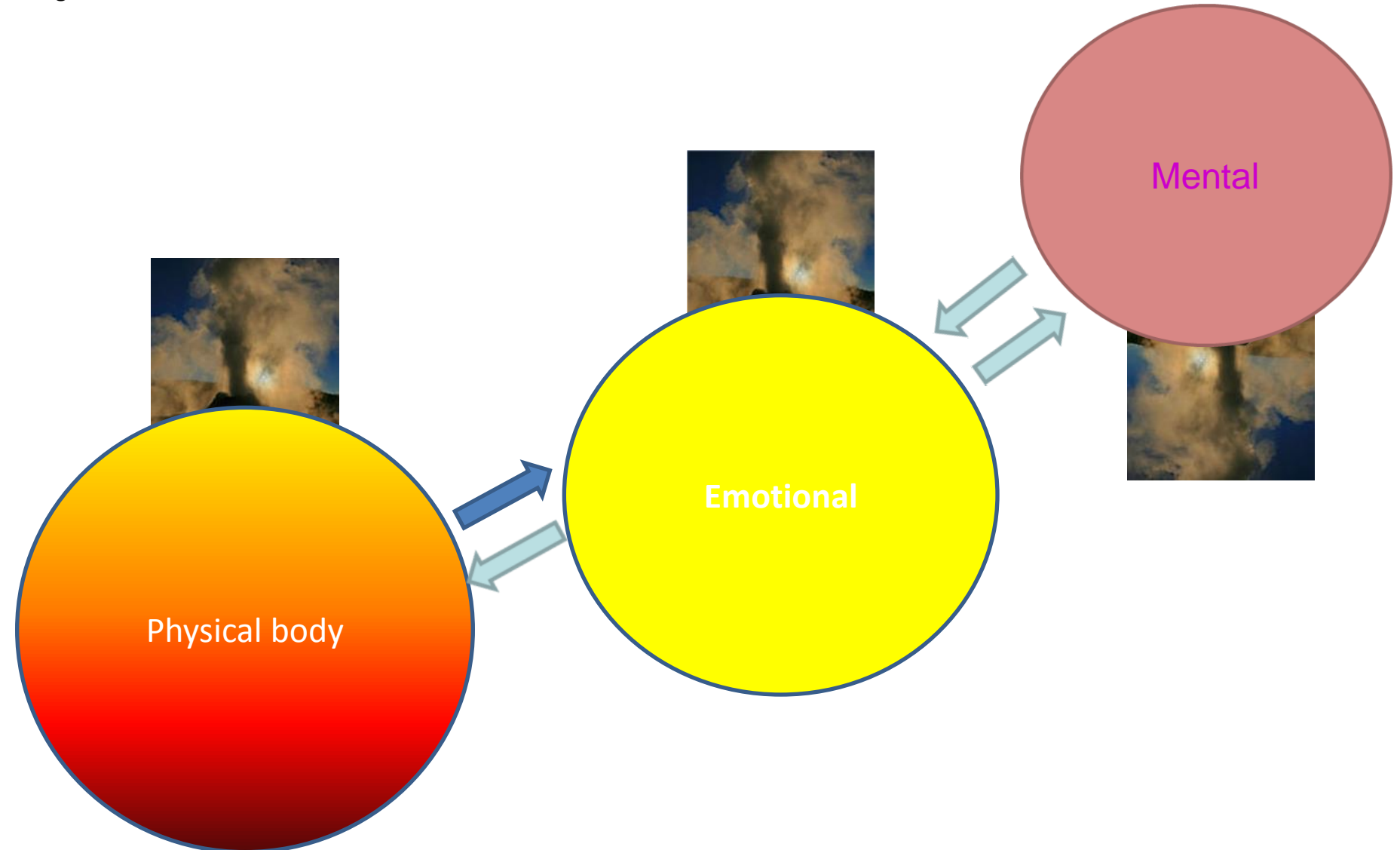
- Systemic group treatment/weekly since September 2011 to this point.
- A year later he responds well to homeopathic remedies, reduced frequency of sessions.
- improved all main complains to a point of mild intensity headache /once per month
- Enjoys better quality of life and needs a few years of systemic support to maintain present condition
- Blockage schema follows..

Science of homeopathy³

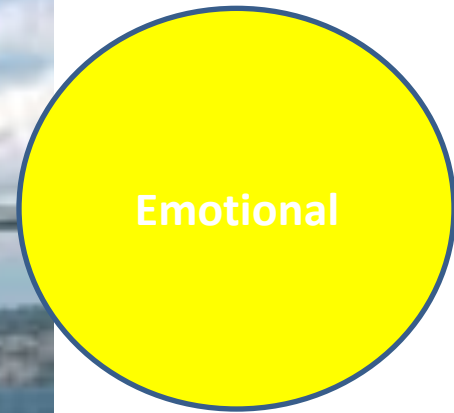
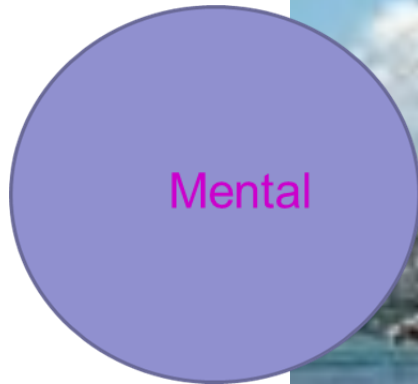


Homeopathic remedy has the ability to reproduce the same symptoms as the ones the individual suffers from. Through this it **releases** the pressure that the patient **feels**. But there are obstacles and blockages to homeopathic treatment like constant dissatisfaction on emotional life

Systemic psychology helps the individual to regulate emotions, to express them, finally harmonize this flow as a fully conscious being.



Systemic Family Therapy



Has the experience and the tools to carry this task successfully,

Systemic therapy consultation together with Homeopathic treatment

Clinical adjustments

- The patient has the opportunity to navigate into deeper issues.
- **shortens the duration of treatment** .
- Better Sleep and Energy
- Brake patient defenses to treatment

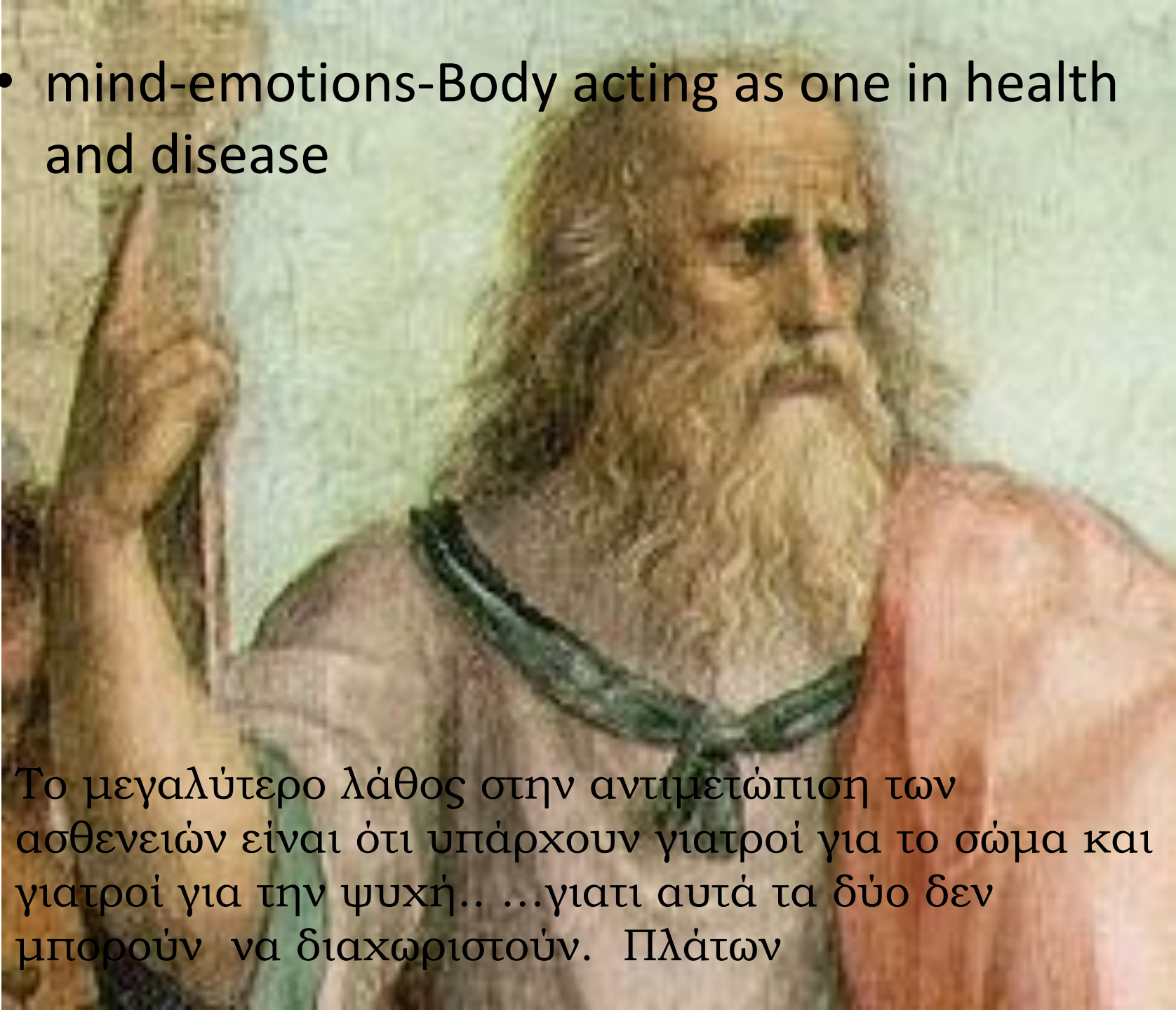
Improvement in serious mental health cases

- less depression
- **reduced medication**
- decreased suicidality

Personality improvements

- positive thinking
- centered and grounded
- flexible to discuss new issues
- increased resiliency
- Decisive
- **opening to feelings and emotions**
- more loving
- less obsessive
- attachment issues resolved
- more movement in dreams
- **more available and connected.**
- Disidentification with Problems
- moving out of difficult relations

- mind-emotions-Body acting as one in health and disease



Το μεγαλύτερο λάθος στην αντιμετώπιση των ασθενειών είναι ότι υπάρχουν γιατροί για το σώμα και γιατροί για την ψυχή.. ...γιατι αυτά τα δύο δεν μπορούν να διαχωριστούν. Πλάτων

Conclusions

Homeopathy interacting with Systemic therapy:

- Stimulates modifications in the family model
- The released somatic elm triggers the necessity for psychology support
- Plays a significant role in enhancing the psychotherapeutic process
- Reduces the duration of treatment and required medication.
- Sensual and emotional cases seems to respond well when a homeopath collaborates with a systemic therapist.
- To link homeopathy with systemic therapy there is a need for further training in this field so the homeopath can comprehend and insight profound during the case taking.
- Further research would be a step towards an integrated therapeutic potential.



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Homœopathy on the move

Strategies, Healing, Simillimum, Simile

69th Congress of
Liga Medicorum
Homœopathica Internationalis

→ 16/19, July 2014

Palais des Congrès - Paris, France

THANK U



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